

# Cailyn Shelby releases debut single

By  Martin Myers

25 Aug 2021

Cailyn Shelby, a 19-year-old Cape Town-based singer/songwriter, has just released her upbeat debut pop single *My Four Friends* across all digital platforms.



Image by Danie Nel - Image: Supplied

"I feel so lucky that I am able to express my emotions and ideas in such a way that people would want to listen and hopefully relate to," says Shelby.

"The single was inspired by my bedroom walls. During the Covid-19 lockdown, I spent a lot of my time writing songs, therefore spent a lot of my time in my room. I think the message behind the song is just finding security in your own space and in your own company."

I chatted to the singer last week.

▣ ***Fame is about?***

Success. The more people who know you, the more people will hear your music. Then you can change paradigms.

▣ ***I don't do?***

I don't cook.

▣ ***What does music mean to you?***

Music has always been what my life has revolved around. It means everything to me. It means expression and release.

▣ ***My music is about?***

My music is about my personal life experiences, every song I write has a personal touch.



Image by Danie Nel - Image: Supplied

▣ ***I would love to co-write with:***

Taylor Swift; I think her choice of words, her attention to detail, her vulnerability and honesty in her lyrics, is why she has had such a long career.

▣ ***Where do you go for inspiration to create?***

My bedroom. Either sitting in front of my keyboard or on my bed with my guitar and the shower.

▣ ***What is the most enjoyable aspect of your work?***

The production, seeing a song come to life is so exciting.

▣ ***Any funny moments on stage?***

I did a duet with a guy who wore glasses. He did not know his words and taped them to the floor which he could not see from his standing height.

▣ ***My style icon:***

I just like anything striped, checked, floral or yellow.

▣ ***What is your most treasured possession?***

My dog, Captain Jack Sparrow.

▣ ***It's your round what are you drinking?***

A strawberry daiquiri.

▣ ***Dream gig to do?***

O2 Arena in London sold out supporting Taylor Swift.

▣ ***What makes you stand out?***

My laugh.

▣ ***Nicknames?***

My friends call me "Cai".

▣ ***If you were not a musician what would you do?***

I hope something that is still creative and expressive.

▣ ***Who would play you in a Hollywood blockbuster and why?***

Millie Bobby Brown. So many people think I look like her, so I guess it can't really be anyone else.



Image by Danie Nel - Image: Supplied

▣ ***Pick five words to describe yourself?***

Loud, bubbly, caring, compulsive, egalitarian.

▣ ***Favourite South African albums:***

- Matthew Mole - *Run*
- Shortstraw - *Good Morning, Sunshine*
- Al Bairre - *Experience the Al Bairre show with Al Bairre Experience*
- Cutting Jade - *Between Two Lives*

▣ ***What song changed your life?***

*House of Gold* by Twenty One Pilots. It made me want to get my ukulele, which I wrote my first full song on.

▣ ***What is your favourite word?***

Catharsis (ummm).

▣ ***Favourite fashion garment:***

My yellow summer dresses.

▣ ***Your greatest achievement?***

Releasing my debut single *My four friends*.

▣ ***What do you complain about most often?***

My brother's gnocchi.

▣ ***What is your fear?***

The dark.

▣ ***Happiness is:***

Being around people with who you can be vulnerable.

▣ ***On stage I tend to?***

Settle into my 'space'. It feels like I just belong there.

▣ ***Where would you like to be right now?***

On a stage.

▣ ***Do you do charity work and if you do – what do you do?***

I am involved with creating awareness of the state of the Cape Waterways, which all are contaminated with sewage.

▣ ***Wishes and dreams?***

To go on tour.

**Social media links:**

[Facebook](#) | [TikTok](#) | [Twitter](#) | [Instagram](#) | [YouTube](#)

## ABOUT MARTIN MYERS

Co-owner at Triple M Entertainment, founder Music Exchange, manager Sipho Hotstix Mabuse

- How can I better my songwriting? - 15 Apr 2024
- Trevor Jones turns 75 - 25 Mar 2024
- #MusicExchange: Lynelle Kenned joins *Finding the Light* cast - 28 Feb 2024
- #MusicExchange: Brandon Grant releases new single, 'With You' - 21 Feb 2024
- #MusicExchange: Victor Sibusiso Masondo's time is now with jazz album, *As Promised* - 15 Feb 2024

[View my profile and articles...](#)

For more, visit: <https://www.bizcommunity.com>