

What to wear this winter



The *Men's Health* winter style guide, the 64-page A4 supplement, is already hotting up the newstands with its showcase of classic and contemporary trends, providing South African men with an access to styles tailor-made for their lifestyles. Looks include: boldly stated suits, achieving the fashionable preppy look without belonging to a country club or prep school, cleverly mixing together culture that is street wear, the art of fashion in urban edge, and how to dress for those red-carpet moments with eveningwear. The guide also advises men on recommended accessories such as watches, ties, cuff links, shoes, cologne and much more. Says Neil Doveton, fashion director: "I encourage all guys to make some kind of change, break the norm and try something different."

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