

## Engen health screenings continue through #TransportMonth

In celebration of Transport Month this October, Engen Petroleum is continuing on its annual Driver Wellness programme, offering free health screenings for truck drivers at two Engen Truck Stops in Gauteng.



The initiative which has impacted positively on the country's bulk truck driver operators has continued to increase driver participation in voluntary screenings and improved health scores over the years. This mobile health awareness initiative is run by Thubelihle Occupational Health & Wellness.

Operated nationwide at Engen Truck Stops and retail service stations, drivers are offered free voluntary screenings in mobile clinics. These are conducted by qualified nurses and councillors where blood pressure, cholesterol, diabetes, tuberculosis, BMI (Body Mass Index) and HIV/AIDS are tested.

Engen's Corporate Social Investment Manager, Mntu Nduvane says: "Our most recent statistics show how cholesterol screening jumped by 63% from 2014 to 2015. Glucose testing went up by 18.5% and 16% more drivers tested their Body Mass Index (BMI), while blood pressure screening also realised an increase of 16% for 2015. HIV and STI testing rose by 16% between 2014 and 2015 and TB Screening saw a 15% upsurge."

All truck drivers are invited to receive voluntary health screenings at:

- Engen Market Gateway, Majorie Street, City Deep on 17 October 2017 from 9am-3pm
- Engen Highveld 1 Stop North and South Bound, along the R21 Highway on 18 October 2017 from 7am-3pm