

# Waterblommetjie Festival promises fun for the whole family

The Waterblommetjie Festival is back this year and promises to be a celebration of all things inspired by this local delicacy.



Image supplied: The waterblommetjie festival is returning in September

Join hosts Domaine Brahms, Rhebokskloof Wine Estate and Windmeul Kelder on 3 September for a day of waterblommetjies, wine and family fun.

Waterblommetjies (*Aponogeton distachyos*) are indigenous to the Western Cape and were introduced to the early settlers as food and medicine by the local KhoiKhoi tribes. It is only available for a short period during winter and has traditionally been used in wholesome dishes like waterblommetjiebredie – a stew made with lamb or mutton.



Garden Town Stellenbosch returns this year!

25 Aug 2022



During the festival, waterblommetjies are served with a modern twist and appear on pizza, infused in drinks and even ice cream and paired with award-winning wines from the Paarl region.

The three venues are conveniently located within a five km radius and can easily be fitted into the one-day festival schedule. Instead of paying an entrance fee, festival goers are requested to make a donation of canned foods for a local charity – Athlone House of Strength, a shelter for abused women and children in Paarl. There are drop-off points at each venue.

Domaine Brahms offers buffet breakfasts and lunches at their quaint Toeka Stoor, which stocks antiques and other collectables. A variety of waterblommetjie dishes and fresh waterblommetjies will be available.



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Selected wines will be offered at special festival prices. Visit the farmer's market for fresh local produce, take a tractor ride or feed the farm animals. Live music will create a festive vibe and the talented face painting artists are ready to get visitors of all ages in a festive mood. An outdoor play area with jumping castles will keep the kids entertained.

Local band Tequila will provide live music. Although the restaurant will be closed, there is a dedicated bar and food area where visitors can try the traditional stew or waterblommetjie infused dishes including pizza and delicious ice cream. Chicken nuggets and fries will be available for the children. A jumping castle, slippery slide and dedicated play areas will delight the little ones.

The Waterblommetjie Festival originated at Windmeul Kelder and they are still honouring tradition with a fiercely contested waterblommetjie potjiekos competition. Teams can enter the competition at [wines@windmeul.com](mailto:wines@windmeul.com) and the potjies (three-legged cast iron pots) vary from authentic to innovative.



## 2022 Food XX Awards calls for nominations

17 Aug 2022



Windmeul's monthly farmers' market will sell seasonal products and a sumptuous farmers' breakfast is served while stocks last. Visit the tasting room to stock up your cellar at discount prices.

Running enthusiasts can start off their morning with the Run the Vines trail run with routes of 5km, 10km or 17km. Enter [here](#).

Ruan Theron and Wynand Windpomp will provide live music and a kiddies area with jumping castle is open for young visitors.

Go [here](#) for more information.

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