

Singhita is back with her new single, *My Heart*

 By [Martin Myers](#)

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South African songstress Singhita, who rose to acclaim in 2022 with her debut single *That Kinda Girl*, is back with her follow-up single, *My Heart*.



Singhita. Image by Danzfuss Photography

The singer, model and actress, who is based in Johannesburg, sings about achieving a breakthrough in toxic relationships in her new single *My Heart* and offers some wise words for all.

My Heart is the story of a girl trying to move on from a toxic relationship and just when she thinks she is out of it; he pulls her back in again. "It's a song of complete honesty and frustration," Singhita says. "But it's also a song about breakthrough."

I recently caught up with Singhita...

🎵 ***What is your purpose?***

I love to have as much fun as possible and to learn as much as possible.

🎵 ***What does music mean to you?***

Music is my heartbeat.



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🎵 ***My music is about...***

Personal and relatable experiences things that my friends and I talk about.

🎵 ***What is your motto?***

Work hard in silence and let your success be the noise.

🎵 ***Retirement will happen when...***

No time soon – there is still way too much to do!

🎵 ***I don't do...***

Shark cage diving and pieces of fruit in yoghurt.

🎵 ***I would love to co-write with...***

Taylor Swift or Finneas.



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🎵 ***Where do you go for inspiration to create?***

I am inspired by other people and their input from TikTok, Pinterest and Instagram, as well as my friends and family.

🎵 ***What is the most enjoyable aspect of your work?***

I love everything about it especially all the new people I meet.

🎵 ***The song you must do during every show?***

Klein Tambotieboom

■ ***Any funny moments on stage?***

It wasn't funny as such, but I was startled because I did not expect it. The first time I sang in front of my school, I could only see cellphones because everyone was recording my performance.



Singhita. Image by Elsje van Zyl

■ ***My heroes are...***

Charlotte Dujardin (a British dressage rider, equestrian and writer)

■ ***My style icon is...***

Gigi Hadid

■ ***Which living person do you admire most and why?***

Taylor Swift – no matter what happens and how many scandals she is in she always bounces back better than before.

■ ***What is your most treasured possession?***

My horse, Ace Pilot.

■ ***Dream gig to do?***

Hollywood Bowl.

■ ***If you were not a musician, what would you do?***

A forensic biologist

■ ***Pick five words to describe yourself?***

Funny. Adventurous. Over-thinker. Dreamy. Miracle

🎵 **Five must have songs on your Spotify playlist please**

Die for You – the Weekend

Hold On, We're Going Home – Drake

The 90s – Finneas

Wildest Dreams – Taylor Swift

Satellite - Harry Styles



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🎬 **Greatest movie ever Made?**

Phantom of the Opera

📖 **What book are you reading?**

Things We Never Got Over by Lucy Score

💑 **Who do you love?**

My family and friends.

🗣️ **What is your favorite Word?**

Slim-Jan (Afrikaans).

📋 **Top of your bucket list?**

To tour Europe.

🏆 **Your greatest achievement?**

Walking the International Modeling & Talent Association (IMTA) in New York.

■ ***What do you complain about most often?***

When people rush me. Don't rush me I am almost done.

■ ***Happiness is...***

Being confident and comfortable in yourself as a person.

■ ***On stage, I tend to...***

Change my nerves into excitement.

■ ***The best life lesson you have learned?***

Don't let anyone define you.

■ ***What has been your favorite journey so far?***

Visiting New York and participating at IMTA.

■ ***Do you do charity work, and if you do – what do you do?***

Yes, I support our local horse care unit.

■ ***Wishes and dreams?***

I dream of walking New York Fashion Week and doing a Versace campaign. And I would love to play the lead role in a Marvel movie.

Social media

Instagram: <https://www.instagram.com/singhitamusic/>

Facebook: <https://www.facebook.com/singhitamusic>

ABOUT MARTIN MYERS

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