

InterContinental dishes up Insider Guide to Culinary Exploration

In a celebration of gastronomy, [InterContinental Hotels & Resorts](#) has released the [Insider Guide to Travelling for Culinary Exploration](#). This insider guide offers a menu of exclusive insights and expert recommendations on dining from across Asia, Middle-East and Africa (AMEA).



AlexNut via [pixabay](#)

Featuring in-depth insider knowledge and tips from specialists in the food and beverage industry including renowned chefs and award-winning IHG Culinary Ambassadors, the latest issue is an indispensable handbook for food lovers. A complete guide, it covers top dishes from the region as well as practical information such as food photography tips and a guide of enticing food festivals across the AMEA region.

Bruce Ryde, director brand marketing, IHG, Asia, Middle East and Africa said, "We are extremely proud of the culinary heritage of InterContinental Hotels & Resorts and we consider food one of the best ways to explore a new culture, with our latest guide being a gastronomic celebration of some of these unique cultures.

The *Insider Guide to Travelling for Culinary Exploration* features dining tips from InterContinental spokespeople, as well as other global experts.

The Insider Guides are available at InterContinental Hotels and Resorts across Asia, Middle East and Africa, and can also be [read online](#). There are currently two InterContinental hotels in South Africa and 67 hotels and resorts (21,000 rooms) across Asia, Middle East and Africa.

Download the series:

- [Insider Guide to Travelling in Style](#),
- [Insider Guide to the Perfect Business Dinner](#),
- [Insider Guide to Travelling with Children](#)
- [Insider Guide to Travelling for Special Occasions](#)

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