

# ***Kfm Mornings*, the most music, laughs and feel-great moments**

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*Kfm Mornings*, with Darren, Sherlin and Sibs, wakes up Cape Town every weekday from 6-9am...

# DARREN, SHERLIN AND SIBS: WAKE YOU UP EVERY WEEKDAY WITH THE MOST FUN, THE MOST LAUGHTER AND THE MOST MUSIC.

## ABOUT THE KFM MORNING'S CO-HOSTS:



Darren "Whackhead" Simpson is a father, comedian, multiple award-winning broadcaster and known as the hardest working man in radio.



Sherlin Barend's is bald, bubbly, beautiful and a Maties girl who is the co-host of Kfm Mornings. Sherlin is proud feminist, and the warm voice that epitomises the heart and soul of Cape Town.



Sibongile Mafu is a professional morning person and social media darling. Sibs is the sports anchor on Kfm Mornings – she loves sports and married to cricket 'in community of property'.

Kfm Mornings is unique in the Western Cape radio landscape, featuring the comradery and witty banter between Darren, Sherlin and resident sports fundi Sibs.

The team is known for giving audiences an escape from 'adulting' and surprise listeners with sharable content, the best mix of music, big-name interviews and life-changing moments.

Together, Darren, Sherlin and Sibs bring their unique views and diverse backgrounds to every topic and content piece – from the funny to the more serious.

Lively debate often ensues from varying topics including parenthood (Darren is a dad and Sherlin and Sibs are young, millennials active on the Cape Town social scene), relationships, beating the traffic blues (Sherlin does not drive or have her license and Darren and Sibs often exclude her from this narrative - much to her dismay). They are known for celebrating and highlighting local communities, people and the fabric of the Western Cape.

Tune into Kfm Mornings, weekdays:  
6 – 9 am on Kfm 94.5

### 2019 Liberty Radio Awards Nominations:

1. Commercial Radio  
Breakfast Show  
Kfm Mornings with Darren,  
Sherlin and Sibs

2. Commercial Radio  
Breakfast Show Presenter  
Darren "Whackhead"  
Simpson

\*Kfm Mornings: 2018 winners  
of the best commercial radio  
breakfast show.

**kfm**  
94.5

THE MOST MUSIC. FEEL GREAT.

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