

What to expect at the 2021 Hybrid CT International Kite Fest

Cape Mental Health will host the 2021 Hybrid Cape Town International Kite Festival from 2 to 31 October. This year's interactive event combines real-life open-air kite-flying with online kite-making workshops, competitions and videos.

The public can access all CTKiteFest online content, including a variety of kite-making workshops and interviews with our kiting friends from all over the world and find out why they fly in support of Cape Mental Health.



Image: Supplied

Cape Mental Health also invites the public to view kites at Dolphin Beach on World Mental Health Day, Sunday, 10 October, and at Zandvlei Nature Reserve on Saturday, 23 October 2021.

The goal is to raise over R100,000 to enable the non-profit organisation to continue providing essential free mental healthcare services – ensuring that everyone can enjoy equality in mental health access and care in an unequal world.

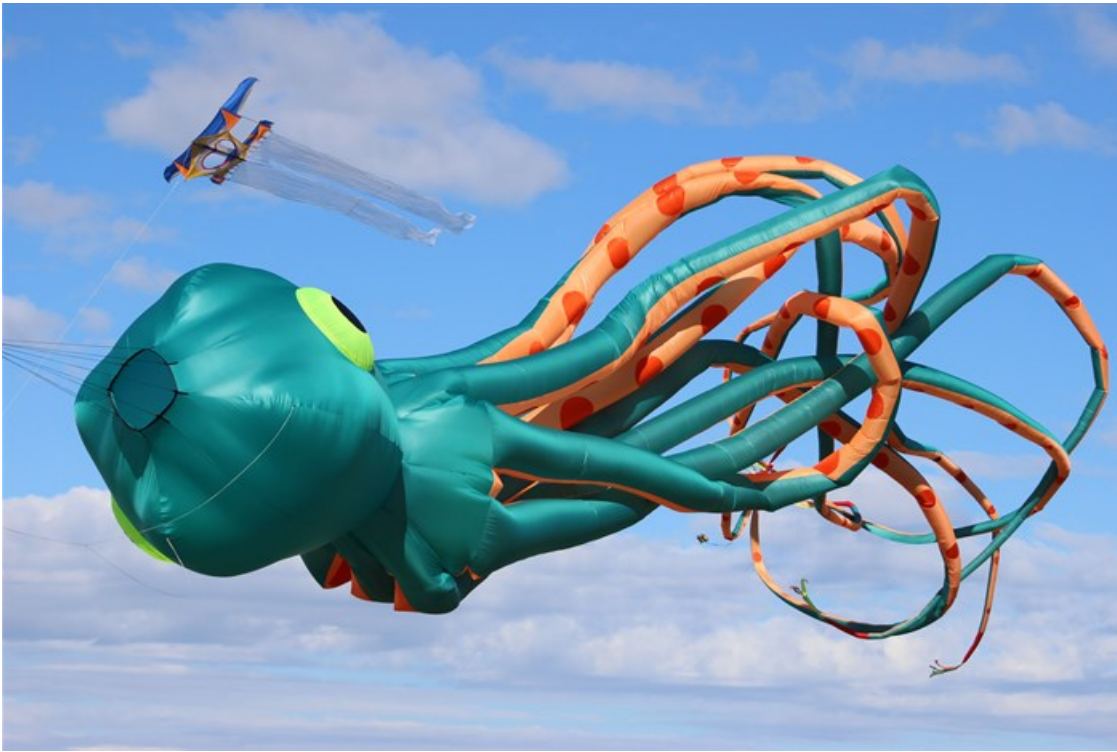


Image: Supplied

According to Dr Ingrid Daniels, CEO of Cape Mental Health and president of the World Federation for Mental Health: “Mental health is regarded as the third highest burden of disease in South Africa, but remains the most neglected aspect of healthcare, competing with other medical conditions including the health costs of the Covid-19 pandemic and vaccine roll-out. Naturally, this underinvestment in mental health has a significant impact on access to mental health in poor and under-resourced communities and rural areas. We call for equality in mental healthcare – our people deserve nothing less.”

Find out more on www.facebook.com/CTKiteFest

For more, visit: <https://www.bizcommunity.com>