

Delheim Estate's Wild Mushroom Forage returns

The Delheim Estate has announced that it will once again host the hunt for wild mushrooms in Stellenbosch.



Source: www.unsplash.com

Re-emerging from the dark like the delicious forest treats, the family-owned winery once again presents its expert tutored excursions during the season's annual short window.

So, if you're keen to participate, you'll have to jump. But not only because mushrooms only appear for a short time after the winter's first rains, when conditions are just right. In fact, it's because the Delheim Wild Mushroom Forage will take place for members of the public on one day only on 16 June.

If you miss it, however, there's another way. An additional day is planned for 2 July, but it's reserved for members of the estate's wine club.



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Signed-up foragers will again learn at the hand of the host duo that has made this a highlight of the Cape winelands for 15 years. Delheim's Nora Thiel was raised in a home that regularly foraged for mushrooms and she'll be joined by author and specialist Gary Goldman.

Participating groups have been limited to just 30 people, so an intimate and first-hand experience in this pop-up event is assured. Each ticket includes the presentation about foraging and mushroom varieties, which covers those to be avoided and those that are edible; the forage excursion into Delheim's forest; and, a three-course, mushroom-inspired lunch served with wines from the estate.

The Delheim Wild Mushroom Forage is popular for the forest where the toadstools sprout. It is here that the fungus thrives undisturbed, weaving its threads beneath the forest floor, transforming organic matter into healthy soil.

Bookings are required and can be done by emailing marketing@delheim.com. Tickets are R650 per person. You need to

bring a basket, pocket knife, walking boots and a rain jacket. No under 18s are allowed.



Image supplied: The Delheim Wild Mushroom Forage is returning in June

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