

## 8 #stayathome date ideas to keep the love alive during lockdown

If you're going through the 21-day lockdown, to curb the spread of the Covid-19 coronavirus in South Africa, with your significant other, there's no need to let the love die.

There are still tons of ideas to pull off within the confines of your home space to let off some steam, get in a little lovin' and lighten the mood.



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Check out these eight date ideas for lockdown love.

1. **Get dressed up and cook something special** – We might be stuck at home but that doesn't mean we can't enjoy a date with our number one. So, why not cook a super special meal together, get in your glad rags and turn up and turn out for a sophisticated evening of love, laughter, food and fun? After all, who needs to go out when you can you fine dine looking sensational in your own home?
2. **Make it a theme night** – Choose a theme and centre everything you do on the theme. For example, if you pick a Mexican theme, get crafty with Mexican fiesta decorations, make authentic Mexican tacos, drink tequila and watch *How to be a Latin Lover* on Netflix. There are so many options. Go Italian with pasta, tiramisu and Italian opera or revisit 1950s America for burgers, shakes and a golden oldie like *Grease*.

3. **Have a home picnic** – If it's warm enough, head out into your garden and have a picnic. If it is a bit too chilly, spread a quilt out on your floor, make some top-notch tasty sandwiches, and enjoy indoor date vibes with a difference.
4. **Create a spa night** – To really unwind and pamper yourselves, create a spa night at home. You can be as ambitious as you want and can include facials, manicures, pedicures, massages and a bubble bath or steamy shower. Make it extra special with spa food like strawberries, chocolates, cucumber or fruit-infused water. Light some candles, lay out fresh towels, play some relaxing spa music and chill out!



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5. **Take YouTube dance lessons** – Just because you're on lockdown, does not mean you can't get your jive on. YouTube is full of videos on how to do just about any kind of dancing. Bring up a video and have fun learning some new routines and dance moves with your lover.
6. **Have a game night** – Put your phones down for a night and gather out all the board and card games you can find. If you want to ramp up the ante, why not bet household chores or favours for each game? Make a range of finger foods and enjoy a little healthy competition. Just remember, no sore losers allowed.
7. **Watch a concert at home** – Find a recording of a concert of a favourite artist you both love and create the experience of seeing them 'live' without the crowds or dodgy sound from the comfort of your own home. Dance, sing and hold hands along to your heart's desire! Who says lockdowns can't be fun?
8. **Do some body painting** – Release your inner Van Gogh and do a little painting together. Turn the heat up and use each other as canvases. You can either purchase some body paint that glows in the dark (very cool) or you can make some of your own that's edible. Yum!

That's the eight top ideas. Stay healthy and enjoy the lockdown love!

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